

FOOD FOR THE SOUL WORKSHOP

with



TEACHER HEALER MYSTIC

Connect to and reaffirm your soul purpose with
meditation, crystals and colour.

Cleansing your aura and chakras through meditation

Connecting to higher self with meditation, crystals and chanting

Chanting to bring forward the soul

Making coloured mandalas to touch your soul

Identify which colour ray your soul descended on to reaffirm your soul gifts

Soul walking on coloured silks to consolidate your soul purpose

Saturday November 30th

£50

10-4pm

Abington Barn

Tea and coffee provided
Please bring your lunch.

BOOK WITH SUZANNA

colourfulsuz@gmail.com

01223843108

website www.suzannerhealer.co.uk